



INTERNATIONAL CLINICAL RESEARCH CENTER, INC.

PRODUCT DEVELOPMENT, ANALYTICAL CHEMISTRY, CLINICAL EFFICACY TRIALS, CONSULTATION

EFFECTS OF PURE GARDENS SERUM IN ECZEMA AND PSORIASIS

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ABSTRACT:

We evaluated the effects of Pure Gardens Skin Serum in patients with eczematous dermatitis and cutaneous psoriasis in a 4 week pilot study at the International Clinical Research Center. Volunteers with eczema and psoriasis completed the study.

Selected patients applied the Pure Gardens Skin Serum topically over their skin lesions two to four times a day. Patients' response to the cream were measured using self-reported assessment of their lesions after the 4 weeks compared to the beginning of study. Majority of patients complied with the recommended dosage and usage of the herbal cream during the 4 week treatment.

RESULTS:

Response of patients with eczema varied depending on patients' history with topical steroid use. The eczema lesions improved by 78% in patients without recent use of steroid creams; the lesions cleared by more than 90% in 33% of the patients, and improved by 50% in the remaining 67% of the patients. The effects in the patients who used steroid cream in the past year showed little effect; 33% of patients had slight improvement, and 67% had no improvement.

The psoriatic lesions improved by 43% overall in patients with lesions on the body; 71% of patients improved by 50% or more, and 29% had no effect. The patients with psoriatic lesions on the scalp experienced a 90% improvement after the 4 week treatment.

CONCLUSION:

Treatment with the Pure Gardens Skin Serum appears to have effected the symptoms associated with eczema (erythema, pruritus, dryness, vesicles, lichenification and scaling) and psoriasis (erythema, silvery and hyperkeratotic scaling.)

Based on observation and patient reported documents of the 4 week trial, the Pure Gardens Skin Serum reduced these symptoms. Clinical observation and self-reported documentation both support that psoriatic lesions of the scalp responded significantly to the herbal cream.

Many of the patients noticed that solar lentigo (sun-induced freckles from natural or artificial UVR) on their hands and face started clearing during the 4 weeks of using the herbal cream, and few of the patients who applied the cream on their face noticed softer and more hydrated skin.

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